MESSAGE DE LA MAIRESSE

Les citoyens aînés d'Otter Lake ont apporté, et continuent d'apporter, une contribution inestimable à notre communauté. Ils méritent notre respect, notre reconnaissance et notre soutien. C'est pourquoi je suis fière d'appuyer ce plan d'action visant à renforcer les services et les ressources qui leur sont destinés. En investissant dans des initiatives qui favorisent la santé, l'autonomie et les liens sociaux, nous pouvons contribuer à ce que nos aînés disposent du soutien nécessaire pour vieillir dans la dignité et demeurer des membres actifs de notre communauté.

Jennifer Quaile
Mairesse de Otter-Lake

MESSAGE FROM THE MAYOR

Senior citizens in Otter Lake have made – and continue to make - invaluable contributions to our community. They deserve our respect, appreciation, and support. That is why I am proud to support this action plan to strengthen the services and resources available to them. By investing in initiatives that promote health, independence, and social connection, we can help ensure that our seniors have the support they need to age with dignity and remain active members of our community.

Jennifer Quaile
Mayor of Otter-Lake



MADA FIELDS	OBJECTIVES	PRIORITY ACTION	EXPECTED RESULTS	POTENTIAL PARTNERS	TIMELINE
Communication & Information	Eliminate the digital divide and centralize information; Raise awareness among organizations about information sharing; Create intermunicipal connections.	Collaborate on the implementation of a multichannel information strategy (directory, website, bulletin boards, call center); Promote training on tablets and smartphones; Establish a support resource in North Pontiac (team/concierge service); Appoint a dedicated advisor for information dissemination; Collaborate on the creation and distribution of a local directory: Install accessible public bulletin boards at strategic locations;	Universal access to information, even without the Internet; Information Promotion	Connexion | West Pontiac Connect | Youth Centre (Rapides-des-Joachims) | Neighboring municipalities | Réseau BIBLIO	Year 1-3
Transport & Mobility	Breaking Down Geographic Isolation	Take steps to expand the existing carpool network	Increased outings; Reduced isolation; Greater participation	TransporAction | TransCollines | Taxi Loyal	Ongoing
Social Participation	Strengthening Mutual Support	Promote volunteerism—(continue recognition programs); Develop an approach "by and for seniors"; Promote community volunteerism; Support the implementation of activities that foster seniors' social participation	Reduced feelings of loneliness	Neighboring municipalities | Seniors clubs	Year 3 - 5
Recreation	Making Activities Accessible and Inclusive	Expand partnerships; Promote the library; Foster collaboration among local and regional organizations: Facilitate access to cultural outings with transportation by supporting initiatives developed by community and regional partners; Raise awareness among seniors about available activities; Develop year-round outdoor spaces and infrastructure that encourage physical activity and active aging among seniors.	Increased Participation	TransporAction | Seniors clubs | community transportation | Aventure Outaouais | FADOQ	Year 3 - 5
Respect & Social Inclusion	Honoring Seniors and Promoting Inclusion	Identify older adults who can serve as resources; Promote intergenerational activities;	Improved public image; Increased sense of inclusion	Seniors Clubs - Non-Profit organizations	Year 2
Outdoor Spaces & Buildings	Ensure a safe environment	Ensure snow removal from parking lots; Improve lighting; Install benches and rest areas; Ensure thorough snow removal from crosswalks in the winter; Enhance safety for vulnerable users by requesting that the MTQ install sidewalks on road sections with high pedestrian traffic; Adjust access ramps to municipal facilities and ensure level continuity between indoor and outdoor spaces;	Fewer falls; Increased physical activity; Enhanced security; Facilitating mobility	CREDDO | MOBIO | LSO | MTQ | HYDRO	Year 3 | Ongoing
Security	Ensuring Resilience to Emergencies	Continue advocacy and awareness-raising efforts with relevant authorities and providers to improve the reliability and coverage of the cellular network throughout the region; Implement measures to promote the safety of seniors and vulnerable populations during prolonged disruptions to essential services.	Securing emergency calls Increasing the sense of security	CISSSO | MRC Warden, Elected Officials |Sûreté du Québec | Fire Department | Schools	Ongoing
Housing & Living Environment	Diversify the housing supply	Support projects for small, independent, and affordable apartments (downsizing); Collaborate with partners in the healthcare network, local organizations, and potential developers to explore housing solutions that meet the needs of seniors with reduced independence; Promote access to mutual aid services for home maintenance and minor repairs by supporting local initiatives and directing residents to available resources.	Helping older adults remain in their hometowns.	OH | CISSSO | MRC	Ongoing