MESSAGE DE LA MAIRESSE

Le Plan d'action Municipalité amie des aînés (MADA) témoigne de notre engagement à faire de notre municipalité un milieu de vie où chacun peut vieillir dans un environnement accueillant, sécuritaire et inclusif. Je remercie sincèrement tous ceux et celles qui ont contribué à cette démarche. Ensemble, continuons à bâtir une communauté où il fait bon vivre, aujourd'hui comme demain.

Colleen Larivière
Mairesse de Litchfield

MESSAGE FROM THE MAYOR

The municipal (MADA) Action Plan reflects our commitment to creating a community where everyone can age in a welcoming, safe, and inclusive environment. I sincerely thank everyone who contributed to this initiative. Together, let us continue building a community where people can enjoy a high quality of life—today and for generations to come.

Colleen Larivière
Mayor of Litchfield



MADA FIELDS	OBJECTIVES	PRIORITY ACTION	EXPECTED RESULTS	POTENTIAL PARTNERS	TIMELINE
Communication & Information	Bridge the digital divide and centralize information	Implement and promote a multi-channel information strategy (local directory, website, bulletin boards, flyers, newsletter); Raise awareness among organizations to disseminate information and foster collaboration; Install public bulletin boards in strategic locations and promote existing ones by raising public awareness of their use; Promote training sessions on the use of tablets and smartphones; Establish intermunicipal partnerships; Promote the use of newspapers.	Universal access to information, even without the Internet	MRC ; WQLC, Connexions, Non-Profit organizations, (Golden age Club, Lions, Legion)	Year 1
Transport & Mobility	Break geographical isolation	Promote the carpool program organized by the Club de l'Âge d'Or and the Lions Club; Raise residents' awareness of existing services, such as "transporAction"; Promote the on-demand transportation service "Transcollines."	Increased outings; Reduced isolation; Greater participation	TransporAction, Transcollines, Non-Profit organizations (Golden age Club, Lions, Legion)	Ongoing
Health & Social Services	Simplify access to care	Organize educational workshops on health; expand the range of temporary care options; Establish a mentoring program with volunteers who are willing to participate.	Reducing administrative stress; Prevention; Support for family caregivers	Connexions, CISSSO	Ongoing
Social Participation	Strengthening Mutual Support	Promote volunteerism (recognition programs); Develop an approach "by and for seniors" Organize an annual event	Reduced feelings of loneliness	Non-Profit organizations	Year 1-2; Ongoing
Recreation	Make activities accessible and inclusive	Promote the activities of local nonprofit organizations (Golden Age Club, Lions Club, Legion); Organize 50/50 raffles, bingo games, or other events to raise funds throughout the summer in order to organize one cultural outing per year.	Increased participation in local activities	Non-Profit organizations	Year 3 to 5
Respect & Social Inclusion	Honoring Seniors and Promoting Inclusion	Organize inclusive activities for the new generation of seniors.	Improved social image of seniors and knowledge transfer	Non-Profit organizations	Year 2 ; Ongoing
Outdoor Spaces & Buildings	Ensuring a safe and barrier-free environment	Install new hanging swings and build a new walking trail in the park; Build a lookout point in the park; Install a water fountain in the park; Promote the water play area to seniors; Ensure that the lighting is properly maintained and repaired as needed.	Reduced risk of falls, increased physical activity	MRC ; CREDDO, MOBIO, LSO	Year 3 ; Ongoing
Security	Ensuring Resilience in Emergencies	Safety programs (PAIR, emergency calls); Promotion of telematics services; Dissemination of emergency numbers.	Secure emergency calls at all times	SQ, Fire Department	Year 3 ; Ongoing
Housing & Living Environment	Diversify the housing supply	Promote housing accessibility programs where they exist; Collaborate with local senior citizen organizations to highlight individuals who may be willing to offer their handyman services; Promote Mont d'Or.	Keeping the elders in their home villages	OH ; CISSSO ; Maison des jeunes, Mont d'Or	Ongoing