MESSAGE DU MAIRE

Chères concitoyennes, chers concitoyens,

C'est avec une grande fierté que je vous confirme officiellement l'implication de notre municipalité dans la démarche MADA.

Nos aînés occupent une place incontournable dans notre communauté. Par leur parcours, leur sagesse et leur engagement, ils ont activement contribué au développement et à la vitalité de notre municipalité. Il est primordial de reconnaître leur apport inestimable.

Par cette démarche, le conseil municipal confirme sa volonté de bâtir un milieu de vie inclusif, sécuritaire et chaleureux, où les aînés disposent de services, de loisirs et d'infrastructures adaptés pour vieillir en toute autonomie, dans la dignité et avec une excellente qualité de vie.

Ce plan d'action est le fruit d'un travail concerté. Je tiens à remercier chaleureusement les membres du comité, les nombreux citoyens qui ont partagé leurs idées, ainsi que nos partenaires pour leur précieuse collaboration tout au long du processus.

Poursuivons ensemble nos efforts pour faire de notre municipalité un milieu de vie toujours plus accueillant, où chaque aîné peut s'épanouir pleinement et profiter du meilleur de la vie.

Bien cordialement,

Jean-Louis Corriveau
Maire de l'Île-du-Grand-Calumet



MESSAGE FROM THE MAYOR

Dear Residents,

It is with great pride that I officially confirm our municipality's participation in the MADA initiative.

Seniors hold an essential place in our community. Through their life experiences, wisdom, and commitment, they have made a significant contribution to the development and vitality of our municipality. It is important to recognize their invaluable contribution.

Through this initiative, the municipal council reaffirms its commitment to fostering an inclusive, safe, and welcoming community where seniors have access to services, recreational opportunities, and infrastructure that support aging with independence, dignity, and an excellent quality of life.

This action plan is the result of a collaborative effort. I would like to sincerely thank the committee members, the many residents who shared their ideas, and our partners for their valuable collaboration throughout the process.

Let us continue working together to make our municipality an even more welcoming place to live, where every senior can thrive and enjoy the best that life has to offer.

Jean-Louis Corriveau
Mayor of l'Île-du-Grand-Calumet

MADA FIELDS	OBJECTIVES	PRIORITY ACTION	EXPECTED RESULTS	POTENTIAL PARTNERS	TIMELINE
Communication & Information	Bridge the digital divide and centralize information	Implement a multichannel information strategy; Promote training on tablets and smartphones; Encourage organizations to disseminate more information; Foster collaboration among local organizations; Assign a dedicated advisor to information dissemination; Create a local directory; Install public bulletin boards in strategic locations.	Universal access to information, even without the Internet	WQLC, Connexions, Library ; community organizations; Mont d'Or	Year 1
Transport & Mobility	Breaking Down Geographic Isolation	Optimize transportation (buses, day centers); Create a local volunteer carpool network; Improve pedestrian safety (SQ; collaborative efforts to raise awareness about reducing speed)	Increased outings; Reduced isolation; Greater participation	TransporAction, CISSSO, Transcollines, SQ	Ongoing
Health & Social Services	Simplify access to care	Provide support: Have a volunteer at the library to assist people with reading materials or making appointments (Clic Santé); Develop educational workshops on health, fraud, finances, etc.; Expand the range of respite care services; Possibility of implementing the PAIR program	Reducing administrative stress; Prevention; Support for family caregivers	Connexions, CISSSO	Ongoing
Social Participation	Strengthening Mutual Support	Promote volunteerism and continue recognition programs); Develop an approach "by and for seniors"; Create community gardens (possibly near the OH); Identify local senior volunteers to recruit and encourage participation in activities	Reduced feelings of loneliness	Non-Profit Organizations, Seniors Clubs	Year 1-2 ; Ongoing
Recreation	Make activities accessible and inclusive	Expand partnerships; Promote the library; Organize cultural outings with transportation (in collaboration with the Golden Age Club)	Increased Participation	TransporAction, Seniors Clubs / Golden Age Club	Year 3-5

MADA FIELDS	OBJECTIVES	PRIORITY ACTION	EXPECTED RESULTS	POTENTIAL PARTNERS	TIMELINE
Respect & Social Inclusion	Honoring Seniors and Promoting Inclusion	Identify key contacts; Continue intergenerational activities; Encourage organizations to offer a wider variety of activity schedules to make them more accessible to working seniors (such as after-work gatherings or coffee meetups); Organize open houses or public consultations to share information and gather ideas from the community.	Improved public image; Knowledge transfer	Non-Profit Organizations, Seniors Clubs, CISSSO ;	Year 2 ; Ongoing
Outdoor Spaces & Buildings	Ensuring a safe and barrier-free environment	Improve lighting (ensure maintenance in the event of a breakdown); Ensure thorough snow removal from sidewalks in the winter; Support businesses and organizations to promote accessibility; Make the municipal hall (air-conditioned) accessible during heat waves; Ensure that sidewalks are adequate for upcoming construction projects.	Fewer falls; Increased physical activity	Non-Profit Organizations, Seniors Clubs, SQ	Year 3 ; Ongoing
Security	Ensure resilience in the face of outages and emergencies	Safety programs (calls, visits); Signage; Distribution of emergency numbers; Reestablish an emergency call chain (call for citizens to recruit volunteers);	Securing emergency calls	CISSSO, Connexions, Mont d'Or ; Fire Department ;	Year 3 ; Ongoing
Housing & Living Environment	Diversify the housing supply	Support small housing units; Establish maintenance assistance (create a bulletin board [at the library or city hall] to promote people who could offer their handyman services); Promote home-modification programs and make them more accessible.	Home Care for Seniors	OH ; CISSSO ; Maison des jeunes, Mont d'Or TDSP	Ongoing