MESSAGE DE LA MAIRESSE

Chers citoyens et citoyennes,

C'est avec grand plaisir que nous vous présentons la Politique Municipalité amie des aînés (MADA) de la Municipalité d'Alleyn-et-Cawood. Nos aînés ont contribué à bâtir notre communauté et continuent d'en faire la richesse.

Par cette politique, nous réaffirmons notre engagement à offrir un milieu de vie inclusif, sécuritaire et accueillant, tout en mettant en place des services, des ressources et des initiatives favorisant le maintien à domicile et la qualité de vie de nos aînés le plus longtemps possible.

En travaillant ensemble, nous pouvons faire de notre municipalité un endroit où chacun peut vieillir avec dignité, autonomie et fierté.

Sidney Squitti
Mairesse d'Alleyn-et-Cawood

MESSAGE FROM THE MAYOR

Dear Residents,

It is with great pleasure that we present the Age-Friendly Municipality (MADA) Policy of the Municipality of Alleyn-et-Cawood. Our seniors have helped build our community and continue to be an important part of its strength and character.

Through this policy, we reaffirm our commitment to providing an inclusive, safe, and welcoming environment while supporting services, resources, and initiatives that help seniors remain in their homes and maintain a high quality of life for as long as possible.

By working together, we can ensure that our municipality remains a place where everyone can age with dignity, independence, and pride.

Sidney Squitti
Mayor of Alleyn-et-Cawood



MADA FIELDS	OBJECTIVES	PRIORITY ACTION	EXPECTED RESULTS	POTENTIAL PARTNERS	TIMELINE
Communication & Information	Bridge the digital divide and centralize information	Collaborate on the implementation of a multichannel information strategy (directory, website, bulletin boards, call center); Promote training on tablets and smartphones; Establish a support resource in North Pontiac (team/concierge service); Appoint a dedicated advisor for information dissemination; Collaborate on the creation and distribution of a local directory: Install accessible public bulletin boards at strategic locations;	Universal access to information, even without the Internet; Information Promotion	Connexion | West Pontiac Connect | Youth Centre (Rapides-des-Joachims) | Neighboring municipalities | Réseau BIBLIO	Year 1-3
Transport & Mobility	Breaking Down Geographic Isolation	Take steps to expand the existing carpool network	Increased outings; Reduced isolation; Greater participation	TransporAction | Transcollines | Taxi Loyal	Ongoing
Social Participation	Strengthening Mutual Support	Promote volunteerism—(continue recognition programs); Develop an approach "by and for seniors"; Promote community volunteerism; Support the implementation of activities that foster seniors' social participation	Reduced feelings of loneliness	Neighboring municipalities | Seniors clubs	Years 1-2
Recreation	Making Activities Accessible and Inclusive	Expand partnerships; Promote the library; Foster collaboration among local and regional organizations: Organize cultural outings with transportation; Raise awareness among seniors about the activities offered.	Increased Participation	TransporAction | Seniors clubs | community transportation | Aventure Outaouais | FADOQ	Years 3-5
Respect & Social Inclusion	Honoring Seniors and Promoting Inclusion	Identify older adults who can serve as resources; Promote intergenerational activities;	Improved public image; Increased sense of inclusion	Seniors clubs | Non-Profit organizations | CISSSO	Ongoing
Outdoor Spaces & Buildings	Ensure a safe environment	Ensure snow removal from parking lots; Improve lighting; Install benches and rest areas; Ensure thorough snow removal from crosswalks in the winter; Enhance safety for vulnerable users by requesting that the MTQ install sidewalks on road sections with high pedestrian traffic; Adjust access ramps to municipal facilities and ensure level continuity between indoor and outdoor spaces;	Fewer falls; Increased physical activity; Enhanced security;Facilitating mobility	CREDDO | MOBIO | LSO | MTQ	Years 1-3
Security	Ensuring Resilience to Emergencies	Continue advocacy and awareness-raising efforts with relevant authorities and service providers to improve the reliability and coverage of the cellular network throughout the region; Distribute informational materials listing the contact information for municipal services and emergency resources to facilitate a rapid response when needed; Safety programs (PAIR, calls, visits); Evaluate, plan, and implement the INFO-STOP project to improve the safety of vulnerable populations and support emergency response efforts through a prevention tool that allows first responders to quickly access essential information when needed.	Securing emergency calls Increasing the sense of security	CISSSO | Sûreté du Québec | first responders |Fire Department| Maison des aînés | neighboring municipalities	Ongoing
Housing & Living Environment	Diversify the housing supply	Support projects for small, independent, and affordable apartments (downsizing).	Helping older adults remain in their hometowns	OH | CISSSO | MRC	Ongoing