

IN CASE OF A ROADSIDE EMERGENCY



IF YOU'RE STRANDED

- ✓ Call 911
- ✓ Stay in the vehicle
- ✓ Clear the exhaust and crack open a window to prevent carbon monoxide poisoning
- ✓ Run the engine intermittently

ITEMS TO KEEP IN YOUR VEHICLE



WARM
CLOTHING



SHOVEL



WATER &
FOOD



FLASHLIGHT



JUMPER
CABLES



REFLECTIVE
VEST



TRACTION
AIDS



FIRST-AID KIT



A symbol recognized around the world:
The blue triangle on an orange
background is the universal symbol of
civil security.

CIVIL PROTECTION IS A SHARED RESPONSIBILITY



CITIZENS



GOVERNMENT



MUNICIPALITIES



ORGANIZATIONS

THE 4 DIMENSIONS OF CIVIL PROTECTION



- RECOVERY
- RESPONSE
- PREPAREDNESS
- PREVENTION



Québec.ca



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MRC **PONTIAC**
OUTAOUAIS



BE PREPARED BEFORE AN EMERGENCY!

A FEW SIMPLE STEPS CAN HELP
PROTECT YOUR FAMILY, YOUR
PROPERTY, AND YOUR COMMUNITY.



Call 911 in case of
an emergency

CREATE YOUR FAMILY EMERGENCY PLAN

1

EMERGENCY CONTACTS

List of Important People

2

MEETING PLACE

A location known to the whole family

3

EVACUATION ROUTES

Two ways to leave your home or neighborhood depending on the emergency

4

KNOW WHERE TO SHUT OFF ESSENTIAL SERVICES

Make sure you know where the shut-off points for your main utilities are so you can act quickly in an emergency:

💧 Water ⚡ Electricity 🔥 Gas

5

PROTECT AND DOCUMENT YOUR BELONGINGS

- Make an inventory of your important or valuable possessions.
- Take photos and keep them in a safe place.
- Make sure your home insurance adequately covers your possessions and your needs.



YOUR 72-HOUR EMERGENCY KIT



DRINKING WATER:
6 LITERS PER PERSON



NON-PERISHABLE FOOD
FOR AT LEAST THREE DAYS



MANUAL
CAN OPENER



FIRST AID KIT



FLASHLIGHT OR
HEADLAMP AND
SPARE BATTERIES



LIGHTER OR MATCHES
AND CANDLES



BATTERY-POWERED RADIO
AND SPARE BATTERIES

CUSTOMIZE YOUR KIT



MEDICATIONS



EYEGASSES



CHARGERS



CASH



IMPORTANT
DOCUMENTS



BABY SUPPLIES



PET SUPPLIES

EMERGENCY BAG



Keep your emergency bag within easy reach, ideally near an exit, such as the front door or the garage, so you can grab it quickly in case of an evacuation.



DOCUMENTS

- Identification
- Cash



HEALTH

- Medications
- Essential items



ELECTRONICS

- Phone
- Chargers



CLOTHING

- Blanket
- Shoes
- Toiletries



FAMILY

- Items for children
- Pets